

FOR IMMEDIATE RELEASE

February 2020

MARCH is NATIONAL KIDNEY MONTH. ALTITUDE KIDNEY HEALTH is OFFERING a FREE KIDNEY SCREEN THROUGHOUT the ENTIRE MONTH of MARCH. THIS is OFFERED to NEW and POTENTIAL PATIENTS LOOKING for a SECOND OPINION or WHO HAVE GENERAL KIDNEY QUESTIONS.

CHRONIC KIDNEY DISEASE (CKD) AFFECTS 1 in 7 PEOPLE in the UNITED STATES or nearly 40 million people. WOMEN, AFRICAN AMERICANS and HISPANICS have the GREATEST RISK. THE MAIN CAUSES of CKD are DIABETES and HIGH BLOOD PRESSURE. HALF of the PEOPLE with CKD are UNAWARE of THEIR DISEASE. This renders them more vulnerable to kidney failure which can require a KIDNEY TRANSPLANT or RENAL REPLACEMENT THERAPY (DIALYSIS IS MOST COMMON) to SURVIVE.

Altitude Kidney Health (AKH) launched a new clinic in early 2019 headquartered in Metro Denver. Their focus is to:

- Change the way people with chronic kidney disease (CKD) and end-stage renal disease (ESRD) are treated,
- Focus on education, patient empowerment, and “home-first” care,
- Use the latest technology to patients’ advantages, including home telehealth visits and remote vitals monitoring,
- Intervene early in CKD to slow disease progression, and
- Offer increased options versus competitors to keep dialysis patients at home, happy, and involved in the communities that matter to them. (The Trump administration signed an executive order in July of 2019 to ensure reimbursement for home care.)

Altitude Kidney Health offers regular seminars to providers and the community at large alike to ensure the medical community understands when to send a patient to a nephrologist and people are more informed consumers of their health. AKH also offers screening events to further open doors to at-risk patients.

About Altitude Kidney Health:

AKH opened in Denver, CO in May of 2019. It's founder and nephrologist, Dr. Andrew Brookens, is a leader in education, prevention, and patient-centered treatment. AKH also has an office in Frisco, CO to bring care closer to mountain and rural communities. The company is experiencing rapid growth and plans to open more Colorado locations by the end of 2020. www.altkidney.com

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