

FOR IMMEDIATE RELEASE

MARCH 2020

As you may have seen, Colorado now has numerous confirmed Coronavirus (COVID-19) cases. Altitude Kidney Health cares about your wellbeing. We are here to serve all patients with kidney needs in person and/or remotely with Telehealth medicine. Telehealth medicine is a convenient and easy way to be seen by Dr. Brookens from the comfort of their own home.

There are effective ways to reduce the risk of COVID-19 to yourself and the people you care about.

- Frequently and thoroughly wash your hands with soap and water for at least 20 seconds. If soap and water are not available, use hand sanitizer with at least 60% alcohol.
- Cover coughs and sneezes with a tissue, then throw the tissue in the trash, or use your inner elbow or sleeve.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home if you're sick and keep your children home if they are sick.
- Clean surfaces in your home, and personal items such as cell phones, using regular household products.

Please contact our office for appointment options, 720-500-3439 or info@altkidney.com.

Thank you,

Altitude Kidney Health Team